

Does your company have a positive mental health culture?

Good for recruitment

Increased productivity

Improved retention

Now, more than ever, you need to focus on creating a culture that actively promotes and supports good mental health at work. This includes measures such as:

- Being proactive in ensuring that policies and job descriptions take into account the impact on mental health.
- Challenging stigma so that everyone feels able to have open conversations about mental health.
- Providing employees with the right kind of information and support.

Our expert team can help you achieve this by offering professional evidence-based training, support and consultation tailored to your company's needs.

See overleaf to learn more about the services we offer ►



Jonathan's Voice
Speaking out for mental health

 @jonathans_voice

  @jonathansvoice

www.jonathansvoice.org.uk

Registered charity 1180424

Our services include:



Training
and/or
consultation
for senior
leaders



Skills
development
training for
line managers
& supervisors



Guest speakers
for conferences,
development
days, team
meetings etc.



Mental health
awareness
training for
all staff

If you are interested in any of our services or would like to discuss how we might help you, please email val@jonathansvoice.org.uk

All our services are free of charge. However, we would appreciate a donation, where possible, to enable us to further our charitable aims of breaking down stigma, raising awareness and providing education on the importance of protecting our mental health.



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